

Legacy Gym News

Jan/ Feb 2021

Calendar

- Feb 1-28 February Session
- Feb 8-13 Skill Evaluations
- Feb 15-20 Fun Week
- Feb 21 Ninja Competition
- Feb 27-28 Black Canyon Meet

Skill Evaluations

We will test skills in class every other session. If student is able to master skills at current level they will be invited to move up to the next level. Parents will be notified if student passes to next level.

We are so excited to have **QUENCH Drinks and Sweets** join us at Legacy!! Enjoy a fun drink and snack at the Quench snack bar!

Welcome **Elevate Parkour and Aerial Arts!!** Class schedule available in the office!



NINJA COMPETITION
SUNDAY, FEBRUARY 21ST
AT LEGACY. DETAILS TO COME

Top 10 Reasons Gymnastics and Ninja

are a great foundation for everyone:

1. Develop coordination
2. Develop flexibility
3. Develop strength and power
4. Learn to listen and follow directions
5. Gain self-esteem and confidence
6. Social interaction with peers
7. Learn to set goals
8. Learn fundamentals of movement
9. Develop Skills to enhance other sports
10. IT'S FUN!!



Team News

Legacy Xcel Teams have been working hard on their skills and routines preparing for their upcoming competition season! Best of luck to all of our **AMAZING GYMNASTS!!**

Gym Stars

- ★ Tots 1 – Grayson Fyock
- ★ Level 1- Andalie Shick
- ★ Level 2– Amara Combs
- ★ Level 3– Ellie Hesch
- ★ Level 4– Angelina Williams
- ★ Future Stars– Skailynn Mumper
- ★ Rising Stars– Sloane Ijams
- ★ Shining Stars– Zoey White
- ★ Bronze Team– Lucy Brodak
- ★ Silver Team– Milan Espinoza
- ★ Gold Team– Parker Richter
- ★ Platinum Team–Hailey Hendershot
- ★ Diamond Team– Aryanna Angello
- ★ Ninja Level 1– Kenzley Stock
- ★ Ninja Level 2– Colter Waldron
- ★ Ninja Level 3– Griff Barret
- ★ Ninja Level 4– Blake Pritchett
- ★ Ninja Level 5– Alexa Mendoza
- ★ Ninja Level 6– Andrew Dady
- ★ Gym/Ninja Combo 1– Caden Schroder
- ★ Gym/Ninja Combo 2– Anna Caldwell
- ★ Gym/Ninja Combo 3– Claire Noga

Super Star Instructor

Our Super Star Instructor is **Whitney Schaneman !!** Whitney has been involved in gymnastics her entire life. She was a competitive gymnast at KidzPlex through age 16. Whitney coaches Silver Team as well a Master Instructor for Recreation Program at Legacy. We are blessed to have Whitney carry on the "Legacy" with our gym family!

Legacy Birthday Parties

Ninja, Gymnastics or Combo Parties! Let our party host entertain the kids while you sit back and enjoy!



5 STAR RATING FROM HEALTH DEPARTMENT



Please help us to follow safety protocol so that we can keep Legacy open and our community safe!

Stay home if not feeling well, wear a mask, keep 6 feet distance.

Thank you all for your support! We appreciate you!

Gym Cleaning

Legacy is cleaned and disinfected daily.

Please keep kids home if they are not feeling well.

We offer make up classes if class is missed for illness.

Parking Lot Safety

Please drive slowly and watch for children in parking lot!

