

Legacy Gym News

Jan/Feb 2023

Calendar

Jan 2-29 Session #1
 Jan 30-Feb 25 Session #2
 Feb 6-11 Skill Evaluations
 Feb 13-18 Fun Week

Skill Evaluations

We will test skills in class every other session. If student is able to master skills at current level they will be invited to move up to the next level. Parents will be notified if student passes to next level.

Fun Week

The week after skill evaluations is **Fun Week!** Gymnasts will continue to learn gymnastics with some fun games and contests!

Top 10 Reasons Gymnastics and Ninja

are a great foundation for everyone:

1. Develop coordination
2. Develop flexibility
3. Develop strength and power
4. Learn to listen and follow directions
5. Gain self-esteem and confidence
6. Social interaction with peers
7. Learn to set goals
8. Learn fundamentals of movement
9. Develop Skills to enhance other sports
10. IT'S FUN!!



NEW!! Cheer & Pom Classes

Age 4-6 Saturday 9:00
Age 7-9 Saturday 10:00
Ages 10 & up Saturday 11:00
Poms Prep Class
Ages 12 & up Fri at 4:30

Legacy Birthday Parties

Ninja, Gymnastics or Combo Parties!
 Let our party host entertain the kids while you sit back and enjoy!



Gym Stars

- ★ Tots- Jozy Hansen
- ★ Level 1- Lillian Booth
- ★ Level 2-
- ★ Level 3- Payson Kuta
- ★ Level 4/5- Khloe Gilliam
- ★ Tiny Stars- Julia Zwinck
- ★ Future Stars- Amelia Puckett
- ★ Rising Stars- Avery Williams
- ★ Pre Team- Berlin Wright
- ★ Bronze Team- Nora Foster
- ★ Silver Team- Clara Thaxton
- ★ Gold Team- Johannah Callas
- ★ Platinum Team- Karsyn Renfro
- ★ Sapphire Team- Emma Ryan
- ★ Tumbling- Harper Villapando
- ★ Ninja Level 1- Abel Sanchez
- ★ Ninja Level 2- Kyla Steimel
- ★ Ninja Level 3- Simon Niernberg
- ★ Ninja Level 4- Stella Blackburn
- ★ Ninja Level 5/6- Jordan Spurr
- ★ Junior Ninja Combo- Charlotte Baker
- ★ Gym/Ninja Combo 1- Raegan Hernandez
- ★ Gym/Ninja Combo 2- Scarlett Rosier
- ★ Gym/Ninja Combo 3- Timber Weiler
- ★ Gym/Ninja Combo 4- Aubrey Muck

Star Instructor Maddie Mascarenas

Mya was a gymnast at KidzPlex!! She is a student at Colorado Mesa University. Miss Maddie coaches Tots and Ninja and Level 1-3 classes and Birthday Parties at Legacy. We love her fun personality and enthusiastic coaching!!!



Coaches Awards

- Gymnastics Coach of the Year
Jill McCarty
- Ninja Coach of the Year
Corey Moss and Aspen Packard
- Above & Beyond Award
Brianna Wilking
- Legacy Award
Julia Thaxton
- Customer Service Award
Anita Gray

We are so thankful for ALL of our AMAZING Legacy Coaches!!! Each of them have a passion for coaching and love to see their gymnasts and ninjas succeed! Please let them know how much you appreciate them!

Gym Cleaning

Legacy is cleaned and disinfected daily. We have a **Air Purification System** to sanitize the air, kill bacteria, and keep the gym smelling fresh!

Parking Lot Safety

Please drive slowly and watch for children in parking lot!

Enjoy a drink and snack at the Avenue snack bar in lobby at Legacy!

Give us a **REVIEW** on **FACEBOOK** or **GOOGLE** and receive \$5 off Legacy Pro Shop Item!!

