

# Legacy Gym News July/ Aug 2023

## Calendar

July 31– August 20 - Session 8  
 August 7-10 Skill Evaluations  
 August 14-18 Fun Week!  
 August 28– Sept 23 - Session 9  
 September 23 GYM FEST at Legacy!!

## Skill Evaluations

We will test skills in class every other session. If student is able to master skills at current level they will be invited to move up to the next level. Parents will be notified if student passes to next level.

## Fun Week

The week after skill evaluations is Fun Week! Gymnasts will continue to learn gymnastics with some fun games and contests!

## GYM FEST at LEGACY

3rd Annual  
 GYM FEST at Legacy!!!

**Saturday, Sept 23 4-6:00**

**Gymnastics, Ninja, Contests, Games, FUN!!!**

**Entry fee of \$60 includes a LEOTARD!!!**

## Top 10 Reasons Gymnastics and Ninja

are a great foundation for everyone:

1. Develop coordination
2. Develop flexibility
3. Develop strength and power
4. Learn to listen and follow directions
5. Gain self-esteem and confidence
6. Social interaction with peers
7. Learn to set goals
8. Learn fundamentals of movement
9. Develop Skills to enhance other sports
10. IT'S FUN!!

## Legacy Birthday Parties

Ninja, Gymnastics or Combo Parties!  
 Let our party host entertain the kids while you sit back and enjoy!



## Gym Stars

- ★ Tots- Hudson Harvey
- ★ Level 1- Tymber Davis
- ★ Level 2– Tatum Davis
- ★ Level 3– Whitney Gallegos
- ★ Level 4– Madisyn Larson
- ★ Tiny Stars– Kaylee Ray
- ★ Future Stars– Natalie VanVleet
- ★ Rising Stars– Hannah Lobato
- ★ Pre Team– Ella Fuller
- ★ Bronze Team– Olivia Reuss
- ★ Silver Team– Kaylee Daugherty
- ★ Gold Team– Lucy Brodak
- ★ Platinum Team– Mercedes Leckey
- ★ Diamond Team– Sierra Sanders
- ★ Ninja 1– Colton Rupe
- ★ Ninja 2– Avery Sheldon
- ★ Ninja 3– Grayson Taylor
- ★ Ninja 5– Gage Parker
- ★ Junior Ninja Combo– Jaxon Wilcox
- ★ Gym/Ninja Combo 1– Penelope Moore
- ★ Gym/Ninja Combo 2– William Dressel
- ★ Gym/Ninja Combo 3– Brooklyn Hulse
- ★ Gym/Ninja Combo 4– Rico Gulgan

## Super Star Instructor

Our Super Star Instructor is **Brianna Wilking!!**  
 Brianna coaches Pre Team, Silver and Gold Team!!  
 She grew up as a competitive gymnast in Denver. We are thankful to have her sharing her passion for gymnastics!



## FALL NINJA CLASSES

August through December is the most popular season for Ninja classes!! Be sure to reserve your class spot, classes fill up quick!

Combo classes are also a big hit! They get to experience ninja as well as some gymnastics including tumbling, balance beam!

Mark your calendars. The next Ninja Competition is October 22 at Legacy!



## Cheer & Pom Classes

Age 5-7 Saturday 9-10:00  
 Age 8-11 Saturday 10-11:00  
 Age 12&up Poms Prep Sat 11:00

## Tumbling Classes

Beginner, Intermediate, Advanced  
 Classes for all ages  
 Middle School and High School  
 classes for cheerleaders!

## Parking Lot Safety

**Please drive slowly and watch for children in parking lot!**

